Before and during a task

• What could go wrong?

• How bad could it be?

• Do I clearly understand my task?

• Has anything changed?

• Am I physically and mentally ready?

• Do I have the right tools and equipment?

• Make it safe.

• Use right procedure.

• Use right tools.

• Reduce risks.



Stop if it can’t be done safely!

Q1 Q2 Q3 Q4

“Safety is a personal commitment and belief in working safe and looking out for one another”

Why do I work safely? What activity do I do on days off or what person(s) are waiting for me at home?

What actions will I take to keep my co-workers and myself safe?

What actions will I take off the job to keep my family and myself safe?

Name Company Date